

**PRINCIPAL CONTROLLER OF DEFENCE ACCOUNTS**  
107, LOWER AGARAM ROAD, AGARAM POST, BANGALORE-560007  
PH:29710474: 29710475 FAX. 080-29710132: 080-29710133

NO: AN/II/YOGA

DATED: 14/06/2019

**CIRCULAR**

To

All the officers in Main office

All the Sections in Main office

All Sub offices under PCDA Bangalore located in Bangalore

All PAOs under PCDA Bangalore

5<sup>th</sup> International Yoga Day will be celebrated in Main office on 21/06/2019. In this connection a class on Yoga will be conducted at Multipurpose hall of PAO (ORs) ASC (South) Bangalore on 21/06/2019 at 10.00 am.

All the officers and staff who are interested to attend the Yoga training may give their names by 19/06/2019 to AN II Section, Main office. The participants will be provided with a T Shirt. Hence Size of T Shirt required may also be mentioned as per Annexure enclosed.

It is also requested that the interested officers and staff may come to the class with Yoga mat and in suitable attire for performing Yoga.

PCDA has seen.

*V. S. Nayale*  
Senior Accounts Officer (AN)

Copy to

- AN Security for information.
- OA Cell for uploading in PCDA Bangalore Website

*[Signature]*  
Assistant Accounts Officer (AN)

**ANNEXURE**

<b>Sl No</b>	<b>Name</b>	<b>Account No</b>	<b>Designation</b>	<b>Office where serving</b>	<b>Size of T Shirt Required</b>
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