



कार्यालय रक्षा लेखा प्रधान नियंत्रक
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CIRCULAR

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Dated: 24.07.2020.

To
The Officer I/c
All Sections in Main Office
All Sub Offices Local & outstation.

Sub:- LIVE Online Courses for the month of July-2020 by RTC, Bangalore.

RTC (SR) Bangalore vide their letter No.RTC(SR)/122/Obj-Sch/2020-21 dated 22.07.2020, intimated that a **Workshop on Stress Management** will be conducted **ONLINE on Cisco Webex Meeting application on 29.07.2020 from 10.30 Hrs. to 12.30 Hrs.** The workshop will be conducted by a psychologist and the same will be organised keeping in view the stressful situation due to spread of pandemic COVID 19. Therefore, maximum employees may please be encouraged to participate in the workshop on **Stress Management.** The link and ID to access Cisco Webex Meetings platform are given below:

Link: <https://meetingsapac36.webex.com/meet/pr1668685107>

ID : 1668685107

The online course will be organised at Sanskriti Hall for the participants from Main Office. Sub Offices have been requested to organise the course at their office at a suitable place duly following **Social Distancing, Wearing Mask** and other guidelines related to COVID-19 as prescribed by the Govt. of India.

Further, Yoga videos are also uploaded on the WAN site of the RTC (SR) Bangalore. Presentations, Course Materials and Case studies apart from Yoga videos are available on WAN Site. The WAN site can be accessed as follows:

Site address/path: <\\10.48.6.2\RTCB\lR\Outbox>

User name: Guest (no password has been set for this username)

How to access: From any CGDA WAN Connected PC, Ctrl + click the above address or type the address in any folder path as shown in the screenshot attached.

Details of participants viz., Name, Designation and Account number, may please be forwarded to this section through mail to the mai-Id pcdablrbandm.dad@hub.nic.in , for onward transmission of the same to RTC(SR), Bangalore.

Sd/-

Sr. Accounts Officer (O&M)

✓
Copy to:

The Office I/c
EDP, Local

- For uploading on PCDA website..

[Signature]
Sr. Accounts Officer (O&M)