



कार्यालय रक्षा लेखा प्रधान नियंत्रक  
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**CIRCULAR**

No. O&M/5616/RTC/Vol-XIX

Dated: 26.08.2020.

To  
The Officer I/c  
All Sections in Main Office  
All Sub Offices Local & outstation.

Sub:- LIVE Online Workshop on Nutrition & Immunity Boosting and a fun Online Quiz by RTC, Bangalore.

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RTC(SR), Bangalore vide their letter No.RTC(SR)/122/Obj-Sch/2020-21 dated 19.08.2020, intimated that a **Workshop on Nutrition & Immunity Boosting** will be conducted **ONLINE on Cisco Webex Meeting application** on **25.09.2020** from **10.30 Hrs. to 12.30 Hrs.** The workshop will be conducted by a Nutritionist. Therefore, maximum employees may please be encouraged to participate in the workshop on **Nutrition & Immunity Boosting.** The link and ID to access Cisco Webex Meetings platform are given below:

Link: <https://regionaltraining.webex.com/meet/rtc-banglr.cgda>

ID : 1662218979

Nominations for Workshop on Nutrition & Immunity Boosting may be sent to this section Email id – [pcdabroandm.dad@hub.nic.in](mailto:pcdabroandm.dad@hub.nic.in) , in the below mentioned format on or before 25.09.2020, for onward transmission to RTC, Bangalore.

| S.No. | Participant Name,<br>Designation & Account No. | Office of Posting | Participant e-mail* |
|-------|--|-------------------|---------------------|
|       |  |                   |                     |

\* Note: Please mention e-mail address created on Govt. domain (@gov.in, @nic.in, @hub.nic.in). In case no official e-mail address is created for the participant, his personal e-mail address may be mentioned.

The online course will be organised at Sanskriti Hall for the participants from Main Office. Sub Offices have been requested to organise the course at their respective offices at a suitable place duly following **Social Distancing, Wearing Mask** and other guidelines related to COVID-19 as prescribed by the Govt. of India.

It is also informed by RTC(SR), Bangalore that a **Fun Online Quiz** will be held on **16<sup>th</sup> September, 2020 from 14.30 hrs** through google forms. Officers/officials can participate in the quiz directly through the link provided. The quiz will be active **till 14.30 hrs on 17<sup>th</sup> September, 2020** on google forms as per the link given below:

<https://docs.google.com/forms/d/e/1FAIpQLScLsFyiH8BZ98xsxxJInHLhS6ckL1K3iAtGFL0Wu0j0EFYS-g/viewform>

**Prizes: Rs. 500/- for 1<sup>st</sup> prize, Rs. 350/- for 2<sup>nd</sup> prize, Rs. 250/- for 3<sup>rd</sup> prize, in the form of gift vouchers. The e-gift vouchers will be sent to the e-mail address used for participation in the event, after verification.**

Rules:

- 1) Maximum number of correct responses from the earliest received response will be adjudged the winner. Though the quiz will be active for one day, it is advised to attempt the quiz on its commencement so as to stand a chance for winning.
- 2) First three positions will be published on the WAN site of this centre by 21<sup>st</sup> September, 2020.
- 3) Preferably, official e-mail address may be used for participation.

Further, Yoga videos are also uploaded on the WAN site of the RTC (SR) Bangalore. Presentations, Course Materials and Case studies apart from Yoga videos are available on WAN Site. The WAN site can be accessed as follows:

Site address/path: \\10.48.6.2\RTCB\Outbox

User name: Guest (no password has been set for this username)

  
Sr. Accounts Officer (O&M)

Copy to:

~~The Office I/c~~  
EDP, Local

- For uploading on PCDA website..

  
Sr. Accounts Officer (O&M)

## Guidelines on online registration and feedback

### I. Online Registration

- Online registration is mandatory for all online courses.
- Online registration should be done using the e-mail address shown in the nomination form.
- The link for all online courses conducted by RTC will remain same till further communication.
- The registration for a course can be done one day in advance of the scheduled commencement of the course till 15 minutes before commencement of the course.
- The link is given below:  
<https://docs.google.com/forms/d/e/1FAIpQLSf596p5eixuXZntHfYh49lm09iwD3bbmsq6DPbab2330kiw/viewform>

### II. Online Feedback

- Online feedback form is designed to obtain information about the course for further improvements. Hence, sincere feedback from the participants is solicited. Participants' personal details are not mandatory in feedback.
- Online feedback form will be accessible only after the course has ended.
- Participants can give their feedback till 5.00pm of the next day of completion of the course.
- Separate links for online feedback are created for each course and the same is given below.
- Please ensure that the correct link is shared to the nominated participants for each course.

| Course                           | Online feedback link  |
|----------------------------------|---|
| GenM                             | <a href="https://docs.google.com/forms/d/e/1FAIpQLSd5bfn75licjr4CsifLHN9CV3ZPEJX3MJHndnXNla2FD_8DZg/viewform">https://docs.google.com/forms/d/e/1FAIpQLSd5bfn75licjr4CsifLHN9CV3ZPEJX3MJHndnXNla2FD_8DZg/viewform</a> |
| M Section                        | <a href="https://docs.google.com/forms/d/e/1FAIpQLSe6fNmRepUe4tv48CwrnT6BBRGr243KGSRa0Zr5pdlD5v2_xg/viewform">https://docs.google.com/forms/d/e/1FAIpQLSe6fNmRepUe4tv48CwrnT6BBRGr243KGSRa0Zr5pdlD5v2_xg/viewform</a> |
| Works & Services-II              | <a href="https://docs.google.com/forms/d/e/1FAIpQLSfRAopBS3k4fIE_1yx380AvnneSF6ZRodR6i5AX4Avx9_fEmA/viewform">https://docs.google.com/forms/d/e/1FAIpQLSfRAopBS3k4fIE_1yx380AvnneSF6ZRodR6i5AX4Avx9_fEmA/viewform</a> |
| Establishment and Administration | <a href="https://docs.google.com/forms/d/e/1FAIpQLSeD355fOoXO66U0mk06wUhn-t1fzNw-Q02MQAIVNqdsDJHCQ/viewform">https://docs.google.com/forms/d/e/1FAIpQLSeD355fOoXO66U0mk06wUhn-t1fzNw-Q02MQAIVNqdsDJHCQ/viewform</a>   |
| Workshop on Health & Nutrition   | <a href="https://docs.google.com/forms/d/e/1FAIpQLSdlRnmm3ndC8I7wtBq9l_QthBSA31x7mH9d7Af60L4rt2uQ/viewform">https://docs.google.com/forms/d/e/1FAIpQLSdlRnmm3ndC8I7wtBq9l_QthBSA31x7mH9d7Af60L4rt2uQ/viewform</a>     |